

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10/12	10/13	10/14	10/15	10/16	10/17	10/18
	BREAKFAST					
	<i>No Classes</i>	Fried Eggs	Scrambled Eggs with Peppers	Fried Eggs	Cheese Omelette	
		Dipped Waffles	French Toast Sticks	Pancakes	French Toast	
		Bacon	Sausage	Ham	Bacon	
		Hash Brown Patties	Tater Tots	Home Fries	Hash Brown Patties	
Cereal Bar / Fresh Fruit & Yogurt / Bagels						
BRUNCH						BRUNCH
Scrambled Eggs						Fried Eggs
Biscuits and Gravy						Dipped Waffles
Turkey Sausage						Sausage
Hash Brown Patties						Tater Tots
	<i>Brunch</i>	<i>Indigenous Peoples' Day</i>	Grilled Chicken	Meatball Hero	Pasta Primavera with Chicken	
Hard Boiled Eggs	Egg Sandwiches	Three Sisters Butternut Squash Chili	Sweet Potato & Black Bean Hash	Beyond Meatball Hero	Pasta Primavera	Hard Boiled Eggs
	Pancakes	Cornbread	Herbed Orzo	French Fries	Steamed Broccoli	
Fruit/Yogurt Bar	Sausage	Three Sisters Soup	Brussel Sprouts	Sautéed Spinach	Garlic Bread	Fruit/Yogurt Bar
Bagels	Home Fries	Wojapi and Fry Bread				Bagels
	Full Salad & Deli Bar					
SOUP OF THE DAY						
		Chicken Tortilla	Carrot Ginger	Italian Wedding Soup	Shrimp Bisque	
Roasted Turkey	Sweet Chili Chicken	Roasted Pork Loin	Meatloaf	B.B.Q Ribs	Baked Swali	Chicken and Waffles
Eggplant Puttanesca	Beyond Sweet Chili Chicken	Roasted Chicken	Vegetarian Meatloaf	B.B.Q. Chicken	Quinoa Stuffed Zucchini	Beyond Chicken and Waffles
Mashed Sweet Potatoes	Vegetable Lo Mein	Curried Chickpeas	Mashed Potatoes	B.B.Q Tofu	Rice	Grits
Roasted Vegetables	Roasted Cauliflower	Baked Potatoes	Steamed Broccoli	Mac and Cheese	Sautéed Cabbage	Sautéed Kale
		Roasted Carrots		Corn on the Cob		
Full Salad Bar						
Key: Red font: Includes Meat / Green font: Vegetarian (may include eggs) / Blue font: Vegan / Purple Font: Includes Pork						
Please note: Gluten Free options available at all meals						