



SUNDAY	MONDAY	Tuesday	Wednesday	Thursday	FRIDAY	SATURDAY
10/5	10/6	10/7	10/8	10/9	10/10	10/11
	BRUNCH					
BRUNCH	Scrambled Eggs	Fried Eggs	Cheese Quiche	Fried Eggs	Cheese Omelette	BRUNCH
Egg Sandwich	Pancakes	French Toast	Dipped Waffles	French Toast Sticks	Pancakes	Scrambled Eggs
Waffles	Sausage	Bacon	Ham	Sausage	Bacon	French Toast
Sausage	Home Fries	Corned Beef Hash	Hashbrown Patty	Tater Tots	Home Fries	Sausage
Tater Tots	Cereal Bar / Fresh Fruit & Yogurt / Bagels					Hashbrown Patty
Chef's Choice Entrée	LUNCH					Chef's Choice Entrée
Oatmeal	Roasted Chicken	Beef Tacos	Spaghetti	B.B.Q. Chicken Sandwich	Sloppy Joes	Oatmeal
Hard Boiled Eggs	Beyond Chicken	Black Bean Tacos	Marinara Sauce	B.B.Q. Tofu Sandwich	Vegetarian Sloppy Joes	Hard Boiled Eggs
Fruit/Yogurt Bar	Potato Wedges	Seasoned Rice	Bolognese Sauce	Au Gratin Potatoes	French Fries	Fruit/Yogurt Bar
Bagels	Roasted Cauliflower	Roasted Green Beans	Broccoli	Brussel Sprouts	Roasted Carrots	Bagels
	Pasta Salad	Chickpea Salad	Garlic Bread	Potato Salad	Spinach Salad	
	Full Salad & Deli Bar					
SOUP OF THE DAY						
	Onion	Spicy Chicken	Minestrone	Tortellini	Clam Chowder	
DINNER						
Country Fried Steak	Beef Srir-Fry	Grilled Pork Chop	<i>Latine Heritage Month</i>	<i>Fish and Chips</i>	Chicken Gyro	Fettuccine Alfredo with Chicken
Country Fried Lentil Cake	Veggie Stir-Fry	Grilled Chicken	Empanadas From Scratch	Battered Fish	Falafel	Fettuccine Alfredo with Broccoli
Mashed Potatoes	Fried Rice	Portabella Mushroom	Spanish Rice	Steak Fries	Mashed Sweet Potatoes	Sauteed Spinach
Roasted Vegetables	Egg Rolls	Baked Sweet Potato	Mexican Corn	Baked Tofu	Roasted Broccoli	Garlic Bread
	Green Beans	Peas and Carrots		Roasted Vegetables		
	Full Salad Bar					
Key: Red font: Includes Meat / Green font: Vegetarian (may include eggs) / Blue font: Vegan / Purple Font: Includes Pork <i>Please note: Gluten Free options available at all meals</i>						