

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11/9	11/10	11/11	11/12	11/13	11/14	11/15
 BRUNCH Scrambled Eggs Biscuits and Gravy Turkey Sausage Hash Brown Patty	BREAKFAST					 BRUNCH Fried Eggs Dipped Waffles Sausage Tater Tots
	Scrambled Eggs with Peppers and Cheese	Fried Eggs	Scrambled Eggs	Egg Sandwich	Cheese Omelette	
	Pancakes	Dipped Waffles	French Toast Sticks	Pancakes	French Toast	
	Sausage	Bacon	Sausage	Ham	Bacon	
	Home Fries	Hash Brown Patty	Tater Tots	Home Fries	Hash Brown Patty	
Cereal Bar / Fresh Fruit & Yogurt / Bagels						
Lunch						
Hard Boiled Eggs Fruit/ Yogurt Bar Bagels	Pepper Steak	<u>Native American Heritage Month</u>	Grilled Chicken	Meatball Hero	Turkey Reuben	Hard Boiled Eggs Fruit/ Yogurt Bar Bagels
	Beyond Pepper Steak	Vegetarian Chili	Sweet Potato Black Bean Hash	Beyond Meatball Hero	Avocado Sandwich	
	White Rice	Succotash	Herbed Orzo	French Fries	Sweet Potato Fries	
	Roasted Green Beans	Mushroom Wild Rice	Brussel Sprouts	Sauteed Spinach	Roasted Vegetables	
	Quinoa Salad	Corn Bread	Macaroni Salad	Italian Chopped Salad	Coleslaw	
SOUP OF THE DAY						
	Carrot Ginger	Butternut Squash	Roasted Red Pepper	Italian Wedding Soup	Shrimp Bisque	
Dinner						
Meatloaf	Sweet Chili Chicken	Roasted Pork Loin	Mongolian Beef	B.B.Q Ribs	Salmon	Chicken and Waffles
Vegetarian Meatloaf	Beyond Sweet Chili Chicken	Roasted Chicken	Mushroom Skewers	B.B.Q. Chicken	Quinoa Stuffed Zucchini	Beyond Chicken and Waffles
Mashed Potatoes	Vegetable Lo Mein	Curried Chickpea	Spaghetti	B.B.Q Tofu	Rice	Grits
Peas and Onions	Roasted Vegetables	Baked Potato	Bok Choy	Mac and Cheese	Sauteed Cabbage	Sauteed Kale
		Roasted Carrots		Corn on the Cob		
Full Salad Bar						
Key: Red font: Includes Meat / Green font: Vegetarian (may include eggs) / Blue font: Vegan / Purple Font: Includes Pork						
Please note: Gluten Free options available at all meals						